November 21, 2015

Worship Service 11:05

Welcome & Meet 'n Greet

Opening Prayer

Children Story

Song Service

Offering Prayer

Song of Meditation

Intercessory Prayer

Morning Message Pastor Javier Diaz

≈ Please turn cell phones off or place on vibrate ≈

 \approx Please be seated after the benediction – you will be ushered out \approx If you desire special prayer please remain in the sanctuary after service

Today's Announcements:

You're invited:

Guest & visitors please join us for fellowship lunch today, immediately following service in the Fellowship Hall. We would love to share food, fun & faith with you.

- ❖ Today's Loose Cash Offering is for: Local Church Budget (For Orange Church Budget, Please Designate in an Envelope)
- Fellowship Lunch Host: Kitchen Helpers Needed
- ❖ Sunset Today 5:28
- Today is the 1st Sabbath 1:30p Q & A Bible Study and Discussion Class - Learning Center

Notes:			

Save the Date....Event Calendar & Announcements

Nov 21	Deacon Ordination Service
Nov 21	1:30p Q & A Bible Study and Discussion Class - Learning Center
Nov 21	1:30 Nursing Home Music Ministry
Nov 22	2:15-3 pm Adventist Bookmobile at Orange Cove
Nov 22	3-5 pm Thanksgiving Food Packing Event
Nov 28	2-4p Outreach: Clay Exit Project - Meet in Fellowship Halls
Dec 04	Agape Feast Communion Service
Dec 13	11 am Church Business Chat (lunch provided)

Automated Text Messaging – The Pastor wishes to use automated text messaging to send encouraging text messaging urgent church related updates to you. Please text the word ALERT to the phone number 22300 to subscribe. Thank you so much.

Thanksgiving Food Packing Event – Please help the Orange Cove Food Pantry raise \$2,500 in order to set up a packing line that will pack 10,000 meals in 2 hours on November 22, 2015, 3-5pm. If you took a tube of M&Ms, please fill the tube up with at leaset \$14 of quarters or roll up a \$20 bill and bring the tube back to church to add it to the totals we are collecting.

Development and Planned Giving: As grateful hearts turn towards Thanksgiving, it's the perfect time to have your legal documents prepared which provide and protect you and your loved ones. Take the first step – contact the Florida Conference Development and Planned Giving Department at 407-644-5000, ext. 2241 or through email at planned.giving@floridaconference.com.

Sabbath School: Teachers Needed! Please contact Pastor André (904) 213-7906.

Church Family "Meet & Greet" - You are invited to meet and greet new members, existing members and members who have been away. Every 4th Sunday, 12:30pm, Sweet Tomatoes, Wells, Rd, Orange Park.

Free Literature in the Lobby – All the books and magazines on the display shelf in the lobby is FREE. Please help yourself to whatever you, or a friend or family member needs.

Weekly/Monthly Ongoing Calendar Events

~ Food Pantry: Wed 4-6p and Fri 4-5: Food

~ Third Thursday: Men's Ministry Gathering contact Paul Ross 982-4892. ~ First & Third Sabbath: Q&A Study Group in the Learning Center 1:30 pm

~ First & Third Sabbath: Q&A Study Group in the Learning Center 1:30 | ~ First & Third Sabbath: Children Choir 1:30 – 2:15

~ Second & Fourth: Adult Choir Practice 1:30-2:30

Third Sabbath:
 Fourth Sunday:
 Tuesdays:
 Nursing Home Ministry - Kathy Parker (904) 923-5297
 12:30p Church "Meet & Greet" Sweet Tomatoes, Wells Rd
 10 am Bible Study Gene & Janet Hall's Home. Info please

contact Janet Hall 904-264-8143 or Pat Foster 904 272-

1177.

6:30pm CREATION Health classes at the Barco-Newton

Family YMCA, Fleming Island.

Health and Devotion

INSPIRE TO MOVE: AVOIDING Injury

If you're active, injuries are bound to happen every once in a while. We often prolong or worsen our injury by not resting long enough to allow our body to heal itself. However there are ways to treat and avoid injury without disrupting our routines.

Apply ice & relieve pain. The two most portable injury healers are ice packs and over-the-counter anti-inflammatory pain relievers. Applying ice and taking an Anti-inflammatory will reduce swelling and pain quickly and effortlessly.

Avoid dehydration. Drink plenty of water throughout the day to speed up recover. Dehydration can also cause injuries by increasing strain to dry muscle mass, so be sure to drink up each hour, as a preventive measure!

Eat plenty of protein. Proteins help your muscles rebuild after an injury or challenging workout. Consume nuts, eggs, lean meats, beans, or green veggies to get the right amount of protein!

Stretch often. Take a break once an hour to stretch sore muscles. Simply standing up and sitting down is a great way to massage the body - but you can even stretch your neck and wrists while completing your to-do list at work. Although it may feel like it takes time to heal mild injuries, we can actually speed up the recovery process while doing our day-to-day activities. Using these simple tricks, combined with the care of a physician, will put you on the fast track to wellness!

Devotional Thought: Earnest Intercession

This devotional is brought to you by Pacific Press® Publishing Association.

The prayer experience in the Upper Room launched a life of prayer for the disciples' entire ministry. Through prayer they developed trusting hearts; they acknowledged their weakness and sought His strength. The disciples openly recognized their limitations and cried out for His all-sufficient power. Pentecost was the result of heartfelt intercession.

Through prayer we, too, open our hearts to everything Jesus has for us. We lay our souls bare to receive the fullness of His power. Prayer opens our hearts to speak with God just like we would a close friend or companion. We have a Friend at the throne of God who urges us to present the longings of our hearts to Him. He invites us to come to the throne now to claim these precious promises.

FROM 10 Days in the Upper Room by Mark A. Finley, pp. 11, 12.

Pastor's Availability

Pastor André Van Heerden is available to all church members and guests for consultation and/or counseling by appointment or home visitation. Please call his cell phone: (305) 395-0912 or (904) 213-7906. Pastor André will also be available by appointment at the following times: Sabbaths after the worship service or after the fellowship lunch. The Pastor usually does home/hospital visitations on Sabbath afternoons and Wednesday during summer months.

Member's Corner

Please Pray for:

Mary Shelly	Robert/Andrew Haas	Andy Hansen & Family
Mrs. Bush	Yura & Pasha	John Ramey
Charlie & Kathy Parker and son Chuck	Will Lee & Grandmother	James Johnson and his mother
Pam Batson	Donna Pendrey	Ronald Buddha Aunt
Mary Ledbetter	Fred Sheckles	Reginald & Anna
Norris Family		Jerry and Tyler

Happy Birthday November Babies:

02 Pearlina Clarke	07 Bridget Edwards	11 Kathy Parker
11 Robert Haas	11 Andrew Hansen	12 Dennis Nunez
13 Maleea Lazenby	24 Margaret Wilson	26 Simon James
28 Jet Guerrier	29 Ronald Miller	

Treasurer's Corner

Thanks for contributing to the local church budget! "Tithe goes to conference only envelopes marked church budget stay in the local church for upkeep and church maintenance." Offering given to support the church should be marked on the tithe envelope "church budget."

** Please do not fill in the last two lines on the Tithe envelope Leave blank everything after the heading "Below Line For Treasurer Use" Thank you.

Online Giving: Please go to www.orangecovesda.org
Click on the "Online Giving" link

To contact the treasurer via email ocsdatreasurer@gmail.com

October Budget	Rec'd: \$7,862.98	Over: \$2,862.98
Church Budget \$5000.00	Amount received	Amount needed:
Nov 07	\$1,581.62	\$3,418.38
Nov 14	\$2,742.24	\$676.14
Nov 21	\$0.00	\$0.00
Nov 28	\$0.00	\$0.00

Orange Cove SDA Church

"Adopting people into God's family of Grace, One person at a time."
4501 Highway 17 South (904) 269-2607
Fleming Island, FL 32003 www.orangecovesda.org

Sabbath School - 10:00 am

Please ask a greeter to assist you in choosing and/or locating a class

View or download Sabbath School Lessons at http://ssnet.org/study-guides/

Adult Class Sanctuary

Young Adult & Youth Class

Seeker Study & Application Discussion Group

12 Step Recovery Class

Youth Room – Fellowship Hall
Fellowship Hall Main Area
Learning Center

12 Step Recovery Class Learning C Primary Portable

Kindergarten Fellowship Hall 2nd Room
Junior Class Fellowship Hall 3rd Room
Cradle Roll Fellowship Hall 6th Room

Early Teen Mother's Room (In Church Lobby)

Orange Cove Core Values: To Be a Mature Disciple...

- 1. Refresh: Be "Refreshed" by the baptism of the Holy Spirit moment by moment. "For John truly baptized with water, but you shall be baptized by the Holy Spirit not many days from now." Acts 1:5. Jesus dwells in the hearts of His Children through His Spirit. By asking Him, after receiving forgiveness, the Holy Spirit comes and lives in us—His holy temples.
- 2. Abide: Jesus said, "I am the Vine, you are the branches. He who abides in Me, and I in him, bears much fruit; for without Me, you can do nothing." John 15:5. It is through the Word that Christ abides in His followers. Spending time alone with God before the day starts in Bible study, prayer and meditation gives Divine power and strength through the Spirit to those who do it.
- **3. Share:** The example of the early Christian Church in Acts 2 demonstrates how God intended for believers to meet together in church (large groups) and homes (small groups). Meeting together & sharing, ingrains the truth of God's Word and the teachings of Jesus in the believers' lives.
- **4. Give:** God invites all His disciples to give of their time and their means to further His Kingdom. "Do not lay up for yourselves treasure on earth . . . lay up for yourselves treasure in heaven." Matt 6:19. Giving allows a disciple to participate in God's Holy Nature and neutralize the selfish tendencies within his or her sinful nature.
- **5. Mentor:** The great controversy between good and evil is fierce and complex. God ordained believers to encourage, support and care for one another in close, "family-like," relationships. Every disciple should be mentored by a more mature, experienced disciple and should, in turn, mentor a less experienced younger disciple than themselves. This process solidifies the experience of each disciple.

Church Leaders and Officers

Andre Van Heerden Pastor	904-213-7906/305-395-0912 relevantlifesolutions@hotmail.com
Bridget Edwards Head Elder	(904) 317-5316 or HeleadIfollow@hotmail.com
Jillian Buddha Church Clerk	jillian.buddha@gmail.com
Ronald Buddha Assistant Head Deacon	(904) 466-0051 ronald.buddha@gmail.com
Gene Hall Treasurer	(904) 264-8143 or OCSDATreasurer@gmail.com
Youth Ministry Leader	In process
Paul Ross Men Ministry	904 982-4892 or Ross304@bellsouth.net

Orange Cove SDA Church

Pastor: André Van Heerden

November 21, 2015



Reflects the core values that Seventh-day Adventist are committed to:

- ⇒ The Open Bible: forms the base of the design and represents the Biblical foundation of our beliefs. It is portrayed in a fully opened position suggesting full acceptance of God's word as one reads, studies, and puts into practice.
- ⇒ The Cross: central to the Biblical message is the Cross which represents the gospel of salvation and is positioned in the center of the design to emphasize Christ's sacrifice, which is the central theme of our faith.
- ⇒ The Flame: the shape formed by three lines encircling an implied sphere. The lines represent the three angels of Revelation 14 circling the globe and our commission to take the gospel to the entire world. The overall shape forms a flame symbolic if the Holy Spirit, the messenger of Truth. The flame suggests a continued upward momentum symbolizing the resurrection and ascension to heaven at Christ's second coming, the ultimate focus of our faith.